

Arizona State University East, East College  
DEPARTMENT OF NUTRITION

## HUMAN NUTRITION

All degrees require 120 total credit hours, of which 45 must be upper division (300 and 400 level).

Degree requirements include proficiency and general requirements for the University, the Department of Nutrition, and this specific concentration of Human Nutrition. Note that the Major is Nutrition and the Concentration is Human Nutrition. For course descriptions and prerequisites, see the General Catalog.

### UNIVERSITY GENERAL STUDIES REQUIREMENTS

AGEC/TGECC Certification

#### First-Year Composition

- \_\_\_ ENG 101 1st-yr Composition AND  
\_\_\_ ENG 102 1st-yr Composition OR  
\_\_\_ ENG 105 Adv English Composition

#### Literacy (L) – Two 2 courses, one must be upper div.

- \_\_\_ L (NTR 344 would fulfill this.)  
\_\_\_ L (NTR 448 would fulfill this.)

#### Numeracy

- \_\_\_ MA (Math) (MAT 114 or 117 or higher required.)  
\_\_\_ CS (Computers or Statistics) \_\_\_\_\_

#### Science (S)

- \_\_\_ S General (CHM 113 fulfills this)  
\_\_\_ S Quantitative (BIO 201 fulfills this)

Combined Requirements for two core areas: (1.) Social / Behavioral Science and (2.) Humanities / Fine Arts

- 15 hrs total
- 6 hrs from one core area and 9 hrs from the other
- At least 3 hrs must be upper division

#### Humanities and Fine Arts (HU)

- \_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_

#### Social and Behavior Sciences (SB)

- \_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_

Awareness Areas (All three areas must be filled. These requirements are usually met from the HU/SB course selections. Check General Studies Courses in the General Catalog.)

- \_\_\_ C (Cultural Diversity) \_\_\_\_\_  
\_\_\_ G (Global Awareness) \_\_\_\_\_  
\_\_\_ H (Historical Awareness) \_\_\_\_\_

#### NOTES:

- This degree concentration does not meet the American Dietetic Association Didactic Program in Dietetics (DPD) requirements.
- A grade of C or better is required for all upper division Department and Related courses.
- An "\*" indicates that the course has a prerequisite. Consult the University Catalog for this and other information.
- F = Fall S = Spring SS = Summer Session Course rotations may vary. Check current course bulletin for class schedules.

### DEPARTMENT – MAJOR/CONCENTRATION REQUIREMENTS

Credit Requirement from Nutrition Department  
\_\_\_ 30 Total \_\_\_ 18 Upper Division

#### 1. MAJOR REQUIREMENTS

- \_\_\_ (3) NTR 142 App. Food Principles (F/S)  
\_\_\_ (3)\*NTR 241 Human Nutrition (F/S/SS)  
\_\_\_ (3)\*NTR 341 Planning Therapeutic Diets (F/SS)  
\_\_\_ (3)\*NTR 440 Adv. Human Nut. I ( F)  
\_\_\_ (3)\*NTR 441 Adv. Human Nut. II ( S)  
\_\_\_ (3)\*NTR 444 Diet Therapy (S/SS)  
\_\_\_ (3)\*NTR 446 Human Nutr Assessment (F/S)

Three more classes are needed from the Nutrition Department for a total of 30 credits, of which 18 credits must be upper division. Only three credit hours of Independent Study can be applied to these requirements.

- \_\_\_ (3) \_\_\_\_\_  
\_\_\_ (3) \_\_\_\_\_  
\_\_\_ (3) \_\_\_\_\_

#### 2. RELATED COURSES REQUIREMENTS

- \_\_\_ (4) BIO 201 Human Anatomy-Physiology  
\_\_\_ (4)\*BIO 202 Human Anatomy-Physiology  
\_\_\_ (4)\*MIC 205/206 Microbiology Lecture/Lab  
\_\_\_ (4)\*CHM 113 General Chemistry  
\_\_\_ (4)\*CHM 116 General Chemistry  
\_\_\_ (4)\*CHM 231/235 Organic Chem Lecture/Lab  
\_\_\_ (4)\*BCH 361/367 Biochemistry Lecture/Lab

### ADDITIONAL COURSES TO MEET UNIVERSITY REQUIREMENTS

Further course selection may be necessary to meet all University and College requirements. See your advisor for help in course selection.

Further Course Selections (If needed):

- \_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_