BACHELOR of SCIENCE IN EXERCISE AND WELLNESS—ASU EAST CAMPUS

Prerequisite courses are shown in parenthesis following required course

Troit of another training and the training region of the training re							
Name (Last, First, MI)	ASU I.D. No.	Catalog Year	Major: EXERCISE and WELLNESS				
		2004-2005	Concentration: Health Promotion				

UNIVERSITY REQUIREMENTS		Cei	AGEC or TGECC Certification	
	Sem.	Grade	es X No Upper Div	
Course Number and Title	Hrs.		oppor	
First Year Composition (6 hrs)				
	3			
(ENG 101)	3			
Sub Total	6	•	•	
University General Studies				
Core Areas				
Humanities/Fine Arts & Social/Behavioral Scien	nces (15 h	ours)		
15 hrs. combined		,		
6 hrs in one area, 9 hrs in the other AND				
1 course must be upper division				
HU:	3			
HU:	3			
SB: PGS 101	3			
SB:	3			
HU or SB: [UPPER DIV] EXW 450				
Natural Sciences (8 hrs.)		1		
SQ: CHM 101	4			
SG: BIO 201	4	+		
Literacy and Critical Inquiry (6 hours)	i.			
L: COM 225 (ENG 101)	3	1		
	3	-		
L: EXW 300 (ENG 101)		-4'(61	\	
Mathematics & Statistics/Quantitative/Compute	1	ations (6 n	ours)	
MA: MAT 117 or higher	3			
CS: EXW 310 (MAT 117 or higher)				
Sub Total _			_	
A A ((1	1	-		
Awareness Areas (6 hrs. minimum and must fulfill all 3) Double counting is allowed between				
Awareness Areas and any other course that fulfills				
graduation requirements and also within the				
Awareness Areas				
C: EXW 450				
G: Global Awareness [share with HU or SB]	0-3			
H: Historical Awareness	0-3			
[share with HU-SB]				
ADDITIONAL REQUIREMENTS				
BIO 202	4			
	†	1		
	1			
	1	+		
		+		
	1	+		
	1			

MAJOR REQUIREMENTS			
A. Major			
-	Sem.	Grade	Upper Div
Course Number and Title	Hrs.		
NTR 241 Human Nutrition (CHM 101)	3		
EXW 300 Foundations of Exercise and Wellness	3		3
EXW 342 Health Behavior Change (PGS 101)	3		3
EXW 320 Program Development and Leadership (COM225)	3		3
EXW 310 Computer Skills and Technology for Exercise and Wellness (MAT117 or higher)	3		3
EXW 325 Fitness for Life	3		3
EXW 346 Program Evaluation in Health	3		3
Promotion (EXW300, 310)			
EXW 450 Cultural and Social Issues in Exercise and Wellness (PGS101)	3		3
EXW 400 Stress Management for Wellness	3		3
(PGS 101)			
EXW 350 Substance Abuse and Addictive Behavior	3		3
EXW 442 Physical Activity in Health and	3		3
Disease			
EXW 444 Epidemiology (EXW300,310 &320)	3		3
EXW Concentration Elective	3		3
EXW Concentration Elective	3		3
EXW 484 Internship - 300 hours	6		6
(EXW310, 320, 444 &CPR cert)			
Sub Total	48		
GENERAL ELECTIVES NEEDED TO REACH	H 120 C	REDITS	}
Elective	30		
	l	l	1

Revised 12/12/03

Sub Total:			
Minimum of 45 upper division credits are needed for graduation COMPLETED CREDITS TOTAL NUMBER OF CREDITS NEED GRADUATION IS 120	UD_	OR	
Advisor:	_ Date):	