

Arizona State University  
DEPARTMENT OF NUTRITION

## DIETETICS

All degrees require 120 total credit hours, of which 45 must be upper division (300 and 400 level).

Degree requirements include proficiency and general requirements for the University, the Department of Nutrition, and this specific concentration of Dietetics. Note that the Major is Nutrition and the Concentration is Dietetics. For course descriptions and prerequisites, see the General Catalog

### UNIVERSITY GENERAL STUDIES REQUIREMENTS

AGEC/TGECC Certification

#### First-Year Composition

- \_\_\_ ENG 101 1st-yr Composition AND  
\_\_\_ ENG 102 1st-yr Composition OR  
\_\_\_ ENG 105 Adv English Composition

**Literacy (L)** – Two 2 courses, one must be upper div.

- \_\_\_ L (NTR 448 fulfills this.)  
\_\_\_ L (NTR 344 fulfills this.)

Note: ADA requires one technical writing course.

#### Numeracy

- \_\_\_ MA (Math) (MAT 142 required.)  
\_\_\_ CS (Computers or Statistics) \_\_\_\_\_

Note: ADA requires one statistics course

#### Science (S)

- \_\_\_ S General (CHM 113 fulfills this)  
\_\_\_ S Quantitative (CHM 231/235 fulfills this)

Combined Requirements for two core areas: (1.) Social / Behavioral Science and (2.) Humanities / Fine Arts

- 15 hrs total
- 6 hrs from one core area and 9 hrs from the other
- At least 3 hrs must be upper division

#### Humanities and Fine Arts (HU)

- \_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_

#### Social and Behavior Sciences (SB)

- \_\_\_(3) PGS 101 Intro Psychology or equivalent (a)  
\_\_\_(3) SOC 101 Intro Sociology or equivalent (a)  
\_\_\_(3) (NTR 350 fulfills this)

**Awareness Areas** (All three areas must be filled. These requirements are usually met from the HU/SB course selections. Check General Studies Courses in the General Catalog.)

- \_\_\_ C (Cultural Diversity) \_\_\_\_\_  
\_\_\_ G (Global Awareness) \_\_\_\_\_  
\_\_\_ H (Historical Awareness) \_\_\_\_\_

#### NOTES:

- This degree concentration has been granted Full Accreditation by the Commission on Accreditation for Dietetics Education of the American Dietetic Association (ADA) as a Didactic Program in Dietetics (DPD).
- A grade of C or better is required for all upper division major Department and Related courses.
- An "\*" indicates that the course has a prerequisite. Consult the University Catalog for this and other information.
- F = Fall S = Spring SS = Summer Session Course rotations may vary. Check current course bulletin for class schedules.

### DEPARTMENT – MAJOR/CONCENTRATION REQUIREMENTS

Credit Requirement from Nutrition Department

\_\_\_ 43 Total \_\_\_ 36 Upper Division

#### 1. MAJOR REQUIREMENTS =43 Credit Hours

- \_\_\_(3) NTR 142 Applied Food Principles (a) (F/S)  
\_\_\_(1) NTR 150 Intro to Professions in Nutr.&Dietetics (F/S)  
\_\_\_(3)\*NTR 241 Human Nutrition (a) (F/S/SS)  
\_\_\_(3)\*NTR 340 Applications in Human Nutrition (a)(S)  
\_\_\_(3)\*NTR 341 Intro to Planning Therapeutic Diets (a)(F/SS)  
\_\_\_(3)\*NTR 343 Food Service Purchasing (a)(F)  
\_\_\_(3)\*NTR 344 Nutrition Services Management (a)(F/S)(L)  
\_\_\_(3)\*NTR 350 Nutrition Counseling (a)(S)(SB)  
\_\_\_(3)\*NTR 400 Preprofessional Prep in Dietetics (F/S)  
\_\_\_(3)\*NTR 440 Advanced Human Nutrition I (a)(F)  
\_\_\_(3)\*NTR 441 Advanced Human Nutrition II (a)(S)  
\_\_\_(3)\*NTR 444 Medical Nutrition Therapy(a) (F/S/SS)  
\_\_\_(3)\*NTR 445 Mgmt of Food Service Systems (a)(F/S)  
\_\_\_(3)\*NTR 446 Human Nutrition Assessment (a)(F/S)  
\_\_\_(3)\*NTR 448 Community Nutrition (a)(F/S)(L)

#### 2. RELATED COURSES REQUIREMENTS =28 Credit Hours

- \_\_\_(4)\*MIC 205/206 Microbiology Lecture/Lab (a)  
\_\_\_(4) BIO 201 Human Anatomy-Physiology I (a)  
\_\_\_(4)\*BIO 202 Human Anatomy-Physiology II (a)  
\_\_\_(4)\*CHM 113 General Chemistry I (a)  
\_\_\_(4)\*CHM 116 General Chemistry II (a)  
\_\_\_(4)\*CHM 231/235 Organic Chemistry Lecture/Lab (a)  
\_\_\_(4)\*BCH 361/367 Biochemistry Lecture/Lab (a)

### FURTHER ADA COURSE REQUIREMENTS

- \_\_\_ Technical Writing, e.g. ENG 301 Writing for Prof. (L) (a)  
\_\_\_ Statistics (CS) (a)

### ADDITIONAL COURSES TO UNIVERISTY REQUIREMENTS

Further course selection may be necessary to meet all University requirements. See advisor for help in course selection.

Further Course Selections:

- \_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_  
\_\_\_ ( ) \_\_\_\_\_

(a) Required for completion of the Didactic Program in Dietetics (DPD), as accredited by the Commission on Accreditation for Dietetics Education of the American Dietetic Association (2000). See back for further information regarding requirements for becoming a Registered Dietitian.

## STEPS TO BECOMING A REGISTERED DIETITIAN

Eligibility for Dietitian Registration as established by The American Dietetic Association (ADA) requires completion of the following three (3) steps:

### 1. **DIDACTIC PROGRAM**

At Arizona State University (ASU), the Didactic Program consists of the completion of a bachelor's degree in nutrition with a concentration in dietetics. This concentration provides all of the specific courses to meet the didactic/knowledge guidelines set by ADA. The Dietetic Concentration has been granted Accreditation by the Commission on Accreditation for Dietetics Education of The American Dietetic Association (ADA). If a student has completed a bachelor's degree in another area or another university, he/she must complete the following roster of DPD classes. Upon completion of this step you will receive a *Verification Statement* signed by the Didactic Program in Dietetics (DPD) Director. Note that each educational institution defines the specific courses, which constitute their "DPD Program." At ASU, these courses are:

Technical or Professional Writing (ENG 301 or equivalent)  
 Statistics  
 PGS 101 (Intro Psychology) or equivalent  
 SOC 101 (Intro Sociology) or equivalent  
 CHM 113 or equivalent: General Chemistry I with Lab  
 CHM 116 or equivalent: General Chemistry II with Lab  
 CHM 231 & 235 or equivalent: Organic Chemistry and Lab  
 BCH 361 & 367 or equivalent: Biochemistry and Lab  
 MIC 205 & 206 or equivalent: Microbiology and Lab  
 BIO 201 or equivalent: Human Anatomy / Physiology I with Lab  
 BIO 202 or equivalent: Human Anatomy / Physiology II with Lab  
 NTR 142 Applied Food Principles  
 NTR 241 Human Nutrition  
 NTR 340 Applications in Human Nutrition  
 NTR 341 Introduction to Planning Therapeutic Diets  
 NTR 343 Food Service Purchasing  
 NTR 344 Nutrition Services Management  
 NTR 350 Nutrition Counseling  
 NTR 440 Advanced Human Nutrition I (Micronutrients)  
 NTR 441 Advanced Human Nutrition II (Macronutrients)  
 NTR 444 Medical Nutrition Therapy  
 NTR 445 Management of Food Service Systems  
 NTR 446 Human Nutrition Assessment Lecture/Lab  
 NTR 448 Community Nutrition

Note: *All of these classes must be completed with a grade of "C" or above* in order to meet the DPD standards. This requirement may exceed university graduation requirements, which may define a grade of "D" or above as passing.

*Students coming to ASU from other programs* must complete a minimum of 15 credits of upper division NTR courses at ASU including nine (9) credits from the following: NTR 440, 441, 444, 446.

### 2. **PRACTICUM/INTERNSHIP**

Completion of a professional practicum program, i.e. an internship: This step is independent of the undergraduate degree program. Students wishing to complete this step generally apply to Internships during their last semester of course work. More information about this process is available from the DPD Director.

### 3. **REGISTRATION EXAMINATION**

Passing a national registration examination: Students are not eligible to sit for the registration examination until they have completed both steps 1 and 2 above.

All questions regarding the DPD Program should be directed to  
 Ms. Kathy Dixon, DPD Director, (480) 727-1069.