

Course Subject and Title <i>(courses in bold/shading are courses)</i>	Hrs.	Upper Div.	Completed ATP: <input type="checkbox"/> Yes <input type="checkbox"/> No		Completed AGECE: <input type="checkbox"/> Yes <input type="checkbox"/> No
			Transfer Course/Grade	Minimum Grade if Required	Additional Critical Requirement Notes
TERM ONE: 0-15 CREDIT HOURS					
ASU 101: The ASU Experience	1	<input type="checkbox"/>			<ul style="list-style-type: none"> ASU 101 is for ASU freshman students only; not required of transfer students. An SAT, ACT, Accuplacer, or TOEFL score determines placement into first-year composition courses ASU Math Placement Exam score determines placement in Mathematics course
CHM 101: Introductory Chemistry (SQ)	4	<input type="checkbox"/>		Grade of C	
ENG 101 and 102: First-Year Composition or ENG 107 and 108: English for Foreign Students or ENG 105: Advanced First-Year Composition	3	<input type="checkbox"/>		Grade of C	
MAT 142: College Mathematics (MA)	3	<input type="checkbox"/>		Grade of C	
Humanities, Fine Arts & Design (HU)	3	<input type="checkbox"/>			
TERM TWO: 16-30 CREDIT HOURS					
HSC 210: Cultural Aspects of Health	3	<input type="checkbox"/>		Grade of C	
HCR 220: Intro to Nursing & Healthcare Systems (H)	3	<input type="checkbox"/>		Grade of C	
ENG 101 and 102: First-Year Composition or ENG 107 and 108: English for Foreign Students or ENG 105: Advanced First-Year Composition	3	<input type="checkbox"/>		Grade of C	
Historical Awareness (H)	3	<input type="checkbox"/>			
PHI 101: Introduction to Philosophy (HU)	3	<input type="checkbox"/>			
TERM THREE: 31-45 CREDIT HOURS					
BIO 201: Human Anatomy and Physiology I (SG)	4	<input type="checkbox"/>		Grade of C	* HSC students are required to take a statistics course to fulfill their (CS) general studies requirement.
Approved Medical or Technical Writing/Communications course (see additional notes on page 2 for approved courses)	3	<input type="checkbox"/>		Grade of C	
Approved statistics course (CS) *	3	<input type="checkbox"/>		Grade of C	
Cultural Diversity in the US (C)	3	<input type="checkbox"/>			
Elective <i>or</i> minor course	3	<input type="checkbox"/>			
TERM FOUR: 46-60 CREDIT HOURS					
NTR 241: Human Nutrition	3	<input type="checkbox"/>		Grade of C	
BIO 202: Human Anatomy and Physiology II (SG)	4	<input type="checkbox"/>		Grade of C	
Social & Behavioral Sciences (SB)	3	<input type="checkbox"/>			
Global Awareness (G)	3	<input type="checkbox"/>			
Elective <i>or</i> minor course	3	<input type="checkbox"/>			
TERM FIVE: 61-75 CREDIT HOURS					
HSC 300: Complementary Health Care	3	<input checked="" type="checkbox"/>		Grade of C	
HSC 320: Applied Medical/Healthcare Ethics	3	<input checked="" type="checkbox"/>		Grade of C	
NTR 340 Applications in Human Nutrition	3	<input checked="" type="checkbox"/>		Grade of C	
EXW 302 Fundamentals of Wellness (L)	3	<input checked="" type="checkbox"/>		Grade of C	
EXW 346: Health Promotion and Program Evaluation	3	<input checked="" type="checkbox"/>		Grade of C	
TERM SIX: 76-90 CREDIT HOURS					
NTR 351: Nutrition and Health Communications (L)	3	<input checked="" type="checkbox"/>		Grade of C	
EXW 342: Health Behavior Change	3	<input checked="" type="checkbox"/>		Grade of C	
EXW 350: Substance Abuse and Addictive Behavior	3	<input checked="" type="checkbox"/>		Grade of C	
NTR 350: Nutrition Counseling (SB)	3	<input checked="" type="checkbox"/>		Grade of C	
Elective <i>or</i> minor course	3	<input type="checkbox"/>			
TERM SEVEN: 91-105 CREDIT HOURS					
HSC 330: Health Care Systems in the U.S.	3	<input checked="" type="checkbox"/>		Grade of C	
HSC 400: Practicum in Interdisciplinary Health Sciences	3	<input checked="" type="checkbox"/>		Grade of C	
HSC 420: Evaluation of Health Sciences Research	3	<input checked="" type="checkbox"/>		Grade of C	
Upper division elective <i>or</i> minor course	3	<input checked="" type="checkbox"/>			
Upper division elective <i>or</i> minor course	3	<input checked="" type="checkbox"/>			
TERM EIGHT: 106-120 CREDIT HOURS					
HSC 499 Individualized Instruction	2	<input checked="" type="checkbox"/>		Grade of C	
NTR 450: Nutrition in the Life Cycle I (SB)	3	<input checked="" type="checkbox"/>		Grade of C	
Elective	3	<input type="checkbox"/>			
Elective <i>or</i> minor course	3	<input type="checkbox"/>			
Elective <i>or</i> minor course	3	<input type="checkbox"/>			
Upper division elective <i>or</i> minor course	3	<input checked="" type="checkbox"/>			

Graduation Requirements Summary:

Total Hours (120 minimum)	Total Hrs at ASU (30 minimum)	Hrs Resident Credit for Academic Recognition (56 minimum)	Major GPA (2.000 Min.)	Total upper division Hrs (45 minimum)	Total Comm. College Hrs. (64 maximum)

General University Requirements: Legend

- General Studies Core Requirements:
 - Literacy and Critical Inquiry (L)
 - Mathematical Studies (MA)
 - Computer/Statistics/Quantitative applications (CS)
 - Humanities, Fine Arts, and Design (HU)
 - Social and Behavioral Sciences (SB)
 - Natural Science-Quantitative (SQ)
 - Natural Science-General (SG)
- General Studies Awareness Requirements
 - Cultural Diversity in the US (C)
 - Global Awareness (G)
 - Historical Awareness (H)
- First-Year Composition

Additional Notes:

HSC students are required to take a statistics course to fulfill their (CS) general studies requirement. Students must see their advisor for approval *prior* to registering for the course.

Approved courses that fulfill the Medical/Technical Writing Communications requirement:

- ENG 215: Strategies of Academic Writing (3) L
- ENG 216: Persuasive Writing on Public Issues (3) L
- ENG 301: Writing for Professions (3) L
- TWC 301: General Principles of Multimedia Writing (3) L
- NTR 351: Nutrition & Health Communications (3) L
- TWC 347: Written Communication for Managers (3) L
- TWC 401: Principles of Technical Communication (3) L
- TWC 446: Technical and Scientific Reports (3) L

HSC majors in the Healthy Lifestyles Coaching concentration *might* also be interested in completing a minor in Nonprofit Administration, which requires 15 credits:

- Required:** NLM 160 Voluntary Action and Community Leadership (3 cr)
 NLM 220 Introduction to Nonprofit Organizations (3 cr)
- Choose 3 courses:** NLM 300 Fund Raising and Resource Development (3 cr; Fall only)
 NLM 301 Sustainable Communities (3 cr)
 NLM 302 Inclusive Community Development (3 cr)
 NLM 310 Volunteer Management (3 cr; Spring only)
 NLM 435 Service Learning for Community Development (3 cr)
 NLM 494 Special Topics, as approved by SCRD advisor
 PRM 424 Recreation Program Management (3 cr; Spring only)
 PRM 486 Special Events Management (3 cr)

Suggested General Studies Courses (*may have prerequisites that must be met prior to enrolling*):

- PGS 101: Introduction to Psychology (3) [SB]
- PHI 103: Principles of Sound Reasoning (3) [L or HU]
- MIC 205 & 206: Microbiology with Lab (4) [SG]
- CDE 232: Human Development (3) [SB]
- NTR 348: Cultural Aspects of Food (3) [SB & C & G]
- SOC 353: Death and Dying: Cross Cultural Perspectives (3) [HU or SB & G]
- SOC 427: Sociology of Health & Illness (3) [L or SB]

Suggested Electives (*may have prerequisites that must be met prior to enrolling*):

- EXW 300: Foundations of Exercise and Wellness (3)
- NTR 300: Computer Applications in Nutrition (3)
- EXW 325: Fitness for Life (3)
- NTR 346: Sports Nutrition (3)
- EXW 400: Stress Management for Wellness (3)

HSC majors in the Healthy Lifestyles Coaching concentration *might* also be interested in Vulnerable Populations. If this is so, the following courses are suggested to take as electives within the degree.

- ALD 420: Health Issues and Older Adults (3)
- GRN 420: Health Aspects of Aging (3)
- SOC 424: Women and Health (3)
- EXW 450: Cultural and Social Issues in Exercise and Wellness (3)