

Course Subject and Title <i>(courses in bold/shading are critical)</i>	Hrs.	Upper Division	Completed Transfer Pathway: <input type="checkbox"/> MAPP <input type="checkbox"/> TAG <input type="checkbox"/> ATP <input type="checkbox"/> None		Completed General Education: <input type="checkbox"/> AGEC <input type="checkbox"/> IGETC/CSUGE <input type="checkbox"/> None	
			Transfer Course/Grade	Minimum Grade if Required	Additional Critical Requirement Notes	
<b>TERM ONE: 0-15 CREDIT HOURS</b>						
<b>Complete 1 course from:</b> <b>PGS 101: Introduction to Psychology (SB)</b> <b>KIN 101: Introduction to Kinesiology</b>	3	<input type="checkbox"/>		Grade of C	<ul style="list-style-type: none"> <li>An SAT, ACT, Accuplacer, or TOEFL score determines placement into first-year composition courses</li> <li>ASU Math Placement Exam score determines placement in Mathematics course</li> <li>Maintain 2.0 GPA in all critical courses</li> <li>All freshmen must pass an academic success course and therefore must enroll in an Academic Success Cluster and/or a First-Year Seminar</li> </ul>	
ENG 101 and 102: First-Year Composition OR ENG 107 and 108: English for Foreign Students OR ENG 105: Advanced First-Year Composition	3	<input type="checkbox"/>		Grade of C		
Social Behavioral Science (SB) (KIN 194 PS: From Forager to Couch Potato preferred)	3	<input type="checkbox"/>		Grade of C if KIN 194 completed		
Humanities, Fine Arts & Design (HU)	3					
MAT (math pre-requisite, if needed) or General Elective	3	<input type="checkbox"/>				
Academic Success Class or First Year Seminar	1	<input type="checkbox"/>				
<b>TERM TWO: 16-30 CREDIT HOURS</b>						
<b>Complete one course from:</b> • <b>BIO 201: Human Anatomy/Physiology I (SG) (4)</b> • <b>CHM 101: Introductory Chemistry (SQ)(4) or CHM 113: General Chemistry I (SQ) (4) or</b> • <b>PHY 111: General Physics (3)</b>	4 -3	<input type="checkbox"/>		Grade of C	<ul style="list-style-type: none"> <li>Maintain 2.0 GPA in all critical courses</li> <li>See Additional Notes below for list of courses satisfying Additional Kinesiology and Other Course Work requirement</li> </ul>	
<b>MAT 170: Precalculus (MA)</b>	3	<input type="checkbox"/>		Grade of C		
<b>Complete remaining course from:</b> <b>PGS 101: Introduction to Psychology (SB)</b> <b>KIN 101: Introduction to Kinesiology</b>	3	<input type="checkbox"/>		Grade of C		
ENG 101 and 102: First-Year Composition OR ENG 107 and 108: English for Foreign Students OR ENG 105: Advanced First-Year Composition	3	<input type="checkbox"/>		Grade of C		
KIN course (additional KIN list)	3	<input type="checkbox"/>		Grade of C		
<b>TERM THREE: 31-45 CREDIT HOURS</b>						
<b>Complete one additional course from:</b> • <b>BIO 201: Human Anatomy/Physiology I (SG) (4)</b> • <b>BIO 202: Human Anatomy/Physiology II (4) (if BIO 201 completed)</b> • <b>CHM 101: Introductory Chemistry (SQ) (4) or CHM 113: General Chemistry I (SQ) (4) or</b> • <b>PHY 111: General Physics (3)</b>	4 -3	<input type="checkbox"/>		Grade of C	<ul style="list-style-type: none"> <li>Maintain 2.0 GPA in all critical courses</li> <li>First-Year Composition must be completed by the end of semester 3</li> </ul>	
Social & Behavioral Science (SB)	3	<input type="checkbox"/>				
Computer Science/Statistics/Quantitative Science (CS)	3	<input type="checkbox"/>				
Historical Awareness (H)	3	<input type="checkbox"/>				
Literacy & Critical Inquiry (L)	3	<input type="checkbox"/>				
<b>TERM FOUR: 46-60 CREDIT HOURS</b>						
<b>Complete remaining courses from:</b> • <b>BIO 201: Human Anatomy/Physiology I (SG) (4)</b> • <b>BIO 202: Human Anatomy/Physiology II (4) (if BIO 201 completed)</b> • <b>CHM 101: Introductory Chemistry (SQ) (4) or CHM 113: General Chemistry I (SQ) (4)</b> • <b>PHY 111: General Physics (3)</b>	4 4 -3	<input type="checkbox"/> <input type="checkbox"/>		Grade of C Grade of C	<ul style="list-style-type: none"> <li>Maintain 2.0 GPA in all critical courses</li> </ul>	
<b>KIN 352: Psychosocial Aspects of Physical Activity (SB, C)</b>	3	<input checked="" type="checkbox"/>		Grade of C		
Humanities, Fine Arts & Design (HU)	3	<input type="checkbox"/>				
Global Awareness (G)	3	<input type="checkbox"/>				
<b>TERM FIVE: 61-75 CREDIT HOURS</b>						
KIN 340: Physiology of Exercise	3	<input checked="" type="checkbox"/>		Grade of C		
KIN 345: Motor & Developmental Learning	3	<input checked="" type="checkbox"/>		Grade of C		
Upper division KIN course (additional KIN list)	3	<input checked="" type="checkbox"/>		Grade of C		
Elective	3	<input type="checkbox"/>		Grade of C		
Elective	3	<input type="checkbox"/>				
<b>TERM SIX: 76-90 CREDIT HOURS</b>						
KIN 335: Biomechanics	3	<input checked="" type="checkbox"/>		Grade of C	<ul style="list-style-type: none"> <li>See Additional Notes below for list of courses satisfying Additional Kinesiology and Other Course Work requirement</li> </ul>	
Upper division Elective	3	<input checked="" type="checkbox"/>		Grade of C		
Upper division KIN course (additional KIN list)	3	<input checked="" type="checkbox"/>		Grade of C		
Upper division Elective	3	<input checked="" type="checkbox"/>				
Upper division Elective:	3	<input checked="" type="checkbox"/>				
<b>TERM SEVEN: 91-105 CREDIT HOURS</b>						
# Upper division KIN course & Literacy & Critical Inquiry (L)	3	<input checked="" type="checkbox"/>		Grade of C	<ul style="list-style-type: none"> <li>See Additional Notes below for list of courses satisfying Additional Kinesiology and Other Course Work requirement</li> <li># The following courses will satisfy a Literacy (L) and Additional KIN List Course: KIN 414, 421, 422, 423, 441, 443, 448 &amp; 460</li> </ul>	
Upper division KIN course (additional KIN list)	3	<input checked="" type="checkbox"/>		Grade of C		
Upper division elective	3	<input checked="" type="checkbox"/>				
Elective	3	<input type="checkbox"/>				
Elective	2	<input type="checkbox"/>				

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<b>TERM EIGHT: 106-120 CREDIT HOURS</b>					
Upper division KIN course (additional KIN list)	3	<input checked="" type="checkbox"/>		Grade of C	• See Additional Notes below for list of courses satisfying Additional Kinesiology and Other Course Work requirement
Upper division KIN course (additional KIN list)	3	<input checked="" type="checkbox"/>		Grade of C	
Upper division KIN course (additional KIN list)	3	<input checked="" type="checkbox"/>		Grade of C	
Elective	3	<input type="checkbox"/>			

**Graduation Requirements Summary:**

Total Hours (120 minimum)	Total Hrs at ASU (30 hours minimum)	Hrs Resident Credit required for Academic Recognition (56)	Major GPA (2.000 Minimum)	Total UD Hrs (45 minimum)	Total Comm. College Hrs. (64 maximum)

**General University Requirements: Legend**

- General Studies Core Requirements:
  - Literacy and Critical Inquiry (L)
  - Mathematical Studies (MA)
  - Computer/Statistics/Quantitative applications (CS)
  - Humanities, Fine Arts, and Design (HU)
  - Social and Behavioral Sciences (SB)
  - Natural Science-Quantitative (SQ)
- Natural Science-General (SG)
- General Studies Awareness Requirements
  - Cultural Diversity in the US (C)
  - Global Awareness (G)
  - Historical Awareness (H)
- First-Year Composition

**Additional Notes:**

**Additional Kinesiology and Other Course Work**

Choose 24 semester hours from among the courses below<sup>1</sup>:

- |  |   |
|--|---|
| KIN 191 First-Year Seminar (3)   | KIN 492 Honors Directed Study: Research (1–6)   |
| KIN 194 ST: Forager to Couch Potato (3)                                  | KIN 493 Honors Thesis (1–6)   |
| KIN 294 ST: Introduction to Evidence-Based Practice (3)                  | KIN 494 ST: Advanced Exercise Physiology (3)  |
| KIN 334 Functional Anatomy and Kinesiology (3)                           | KIN 494 ST: EKG: Interpretation of Exercise Electrocardiogram (3)                             |
| KIN 348 Psychological Skills for Optimal Performance <i>SB</i> (3)       | KIN 494 ST: Environmental Exercise Physiology (3)   |
| KIN 412 Biomechanics of the Skeletal System (3)                          | KIN 494 ST: Interpretation of Exercise Performance (3)  |
| KIN 413 Qualitative Analysis in Sport Biomechanics (3)                   | KIN 494 ST: Muscle Physiology (3)   |
| KIN 414 Electromyographic Kinesiology <i>L</i> (3)                       | KIN 494 ST: Neurophysiological Bases of Movement (3)  |
| KIN 421 Human Motor Control <i>L</i> (3)                                 | KIN 498 Pro-Seminar: Kinesiology and the Future (1)   |
| KIN 422 Motor Control in Special Populations <i>L</i> (3)                | KIN 499 Individualized Instruction (1–3)  |
| KIN 423 Motor Control and Aging <i>L</i> (3)                             | BCH 361 Principles of Biochemistry (3)  |
| KIN 440 Exercise Biochemistry (3)  | BIO 340 General Genetics (4)  |
| KIN 441 Physiology of Women in Sport <i>L</i> (3)                        | BIO 353 Cell Biology (3)  |
| KIN 442 Fuel Metabolism (3)  | BIO 360 Animal Physiology (3)   |
| KIN 443 Exercise Endocrinology <i>L</i> (3)                              | CHM 231 Elementary Organic Chemistry SQ (3) <i>or</i> CHM 233 General Organic Chemistry I (3) |
| KIN 444 Metabolic Adaptations to Exercise Training (3)                   | MBB 245 Introductory Cellular and Molecular Biology SQ (4)                                    |
| KIN 445 Exercise Physiology for Children and Adolescents (3)             | PGS 341 Developmental Psychology  |
| KIN 448 Applied Sport Psychology <i>L</i> (3)                            | PGS 466 Abnormal Psychology   |
| KIN 450 Biopsychosocial Perspectives on Physical Activity and Health (3) |   |
| KIN 452 Exercise Psychology <i>SB</i> (3)                                |   |
| KIN 460 Theory of Strength Training <i>L</i> (3)                         |   |
| KIN 484 Internship (3-6)   |   |

Other courses may be substituted with advisor approval.

<sup>1</sup>A minimum of 18 semester hours must be comprised of courses with a KIN prefix.